



Independence Central Office

Scheduled Menu Plans

**3050 James Bridger Middle School**

**Serving Period:** Snack

**Serving Line:** MAIN

**Age Group:** Grades 6-8

**Date:** 2/3/2020

**Feeding Figure:** 20

**Base Menu Plan:** 4,859 MS 19-20 SNACK W1D1

**Menu Comments:**

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |
|--------------|------------------------------|--------------|--------------|--------------------|
| 1461         | PRETZELS HEARTS              | 1            | BAG (1)      | 20                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 80.0000      | kcal         | Carbohydrate       |
|              |                              |              |              | 16.0000 g          |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       |
|              |                              |              |              | 7.0000 g           |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       |
|              |                              |              |              | 23.0000 g          |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       |
|              |                              |              |              | 11.0000 g          |
| 2139         | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 8                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 120.0001     | kcal         | Carbohydrate       |
|              |                              |              |              | 22.0001 g          |

**Serving Period:** Snack

**Serving Line:** MAIN

**Age Group:** Grades 6-8

**Date:** 2/4/2020

**Feeding Figure:** 20

**Base Menu Plan:** 4,860 MS 19-20 SNACK W1D2

**Menu Comments:**

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |
|--------------|------------------------------|--------------|--------------|--------------------|
| 2215         | CRISPS CINNAMON              | 1            | PKG (1)      | 20                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 150.0000     | kcal         | Carbohydrate       |
|              |                              |              |              | 25.0000 g          |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       |
|              |                              |              |              | 7.0000 g           |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       |
|              |                              |              |              | 11.0000 g          |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 5                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       |
|              |                              |              |              | 23.0000 g          |

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\* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



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|                 |                           |              |              |    |
|-----------------|---------------------------|--------------|--------------|----|
| 2139            | MILK STRAW FF CARTON 8 OZ | 1            | CARTON (1)   | 10 |
| <b>Nutrient</b> |                           | <b>Value</b> | <b>Units</b> |    |
| Food Energy     |                           | 120.0001     | kcal         |    |
| <b>Nutrient</b> |                           | <b>Value</b> | <b>Units</b> |    |
| Carbohydrate    |                           | 22.0001      | g            |    |

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades 6-8  
**Date:** 2/5/2020 **Feeding Figure:** 20  
**Base Menu Plan:** 4,861 MS 19-20 SNACK W1D3  
**Menu Comments:**

| Stock Number    | Description                  | Serving Size | Measure      | Projected Quantity |
|-----------------|------------------------------|--------------|--------------|--------------------|
| 2393            | CRACKER BEAN AND VEG IW      | 1            | PKG (1)      | 20                 |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 140.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 22.0000      | g            |                    |
| 7150            | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 200.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 7.0000       | g            |                    |
| 1027            | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 3                  |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 100.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 11.0000      | g            |                    |
| 2139            | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 10                 |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 120.0001     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 22.0001      | g            |                    |
| 2154            | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 129.9999     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 23.0000      | g            |                    |

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades 6-8  
**Date:** 2/6/2020 **Feeding Figure:** 20  
**Base Menu Plan:** 4,862 MS 19-20 SNACK W1D4  
**Menu Comments:**

| Stock Number    | Description                  | Serving Size | Measure      | Projected Quantity |
|-----------------|------------------------------|--------------|--------------|--------------------|
| 2311            | CRISPY BITES BLUE/LEM 1.0 OZ | 1            | PKG (1)      | 20                 |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 120.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 21.0000      | g            |                    |
| 7150            | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 200.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 7.0000       | g            |                    |
| 1027            | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Food Energy     |                              | 100.0000     | kcal         |                    |
| <b>Nutrient</b> |                              | <b>Value</b> | <b>Units</b> |                    |
| Carbohydrate    |                              | 11.0000      | g            |                    |

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|      |                              |              |              |   |
|------|------------------------------|--------------|--------------|---|
| 2154 | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8 |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Food Energy                  | 129.9999     | kcal         |   |
|      |                              |              |              |   |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Carbohydrate                 | 23.0000      | g            |   |
| 1027 | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5 |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Food Energy                  | 100.0000     | kcal         |   |
|      |                              |              |              |   |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Carbohydrate                 | 11.0000      | g            |   |
| 2139 | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 8 |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Food Energy                  | 120.0001     | kcal         |   |
|      |                              |              |              |   |
|      | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |   |
|      | Carbohydrate                 | 22.0001      | g            |   |

**Serving Period:** Snack      **Serving Line:** MAIN      **Age Group:** Grades 6-8  
**Date:** 2/11/2020      **Feeding Figure:** 20  
**Base Menu Plan:** 4,865 MS 19-20 SNACK W2D2  
**Menu Comments:**

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |
|--------------|------------------------------|--------------|--------------|--------------------|
| 1912         | CHEEZ-IT WHOLE GRAIN         | 1            | PKG (1)      | 20                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy                  | 100.0000     | kcal         |                    |
|              |                              |              |              |                    |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate                 | 14.0000      | g            |                    |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy                  | 200.0000     | kcal         |                    |
|              |                              |              |              |                    |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate                 | 7.0000       | g            |                    |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy                  | 129.9999     | kcal         |                    |
|              |                              |              |              |                    |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate                 | 23.0000      | g            |                    |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy                  | 100.0000     | kcal         |                    |
|              |                              |              |              |                    |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate                 | 11.0000      | g            |                    |
| 2139         | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 8                  |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy                  | 120.0001     | kcal         |                    |
|              |                              |              |              |                    |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate                 | 22.0001      | g            |                    |

**Serving Period:** Snack      **Serving Line:** MAIN      **Age Group:** Grades 6-8  
**Date:** 2/12/2020      **Feeding Figure:** 20  
**Base Menu Plan:** 4,866 MS 19-20 SNACK W2D3  
**Menu Comments:**

| Stock Number | Description        | Serving Size | Measure      | Projected Quantity |
|--------------|--------------------|--------------|--------------|--------------------|
| A1223        | CARROTS BABY 20LBS | 1            | 3/4 CUP      | 20                 |
|              | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |                    |
|              | Food Energy        | 35.0206      | kcal         |                    |
|              |                    |              |              |                    |
|              | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |                    |
|              | Carbohydrate       | 8.0047       | g            |                    |

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| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |              |              |
|--------------|------------------------------|--------------|--------------|--------------------|--------------|--------------|
| 1461         | PRETZELS HEARTS              | 1            | BAG (1)      | 20                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 80.0000      | kcal         | Carbohydrate       | 16.0000      | g            |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       | 7.0000       | g            |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       | 23.0000      | g            |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       | 11.0000      | g            |
| 2139         | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 8                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 120.0001     | kcal         | Carbohydrate       | 22.0001      | g            |

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades 6-8

Date: 2/20/2020

Feeding Figure: 20

Base Menu Plan: 4,872 MS 19-20 SNACK W3D4

Menu Comments:

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |              |              |
|--------------|------------------------------|--------------|--------------|--------------------|--------------|--------------|
| 2106         | APPLE SLICES 100/2 OZ        | 2            | PKG          | 20                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 60.0001      | kcal         | Carbohydrate       | 14.0000      | g            |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       | 7.0000       | g            |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       | 11.0000      | g            |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 5                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       | 23.0000      | g            |
| 2139         | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 10                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 120.0001     | kcal         | Carbohydrate       | 22.0001      | g            |

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**Serving Period:** Snack  
**Date:** 2/21/2020  
**Base Menu Plan:** 4,873 MS 19-20 SNACK W3D5  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades 6-8  
**Feeding Figure:** 20

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |              |              |
|--------------|------------------------------|--------------|--------------|--------------------|--------------|--------------|
| 1446         | CHEX SIMPLY STRAW WG         | 1            | PKG          | 20                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 120.0000     | kcal         | Carbohydrate       | 23.0000      | g            |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       | 7.0000       | g            |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       | 23.0000      | g            |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       | 11.0000      | g            |
| 2139         | MILK STRAW FF CARTON 8 OZ    | 1            | CARTON (1)   | 8                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 120.0001     | kcal         | Carbohydrate       | 22.0001      | g            |

**Serving Period:** Snack  
**Date:** 2/24/2020  
**Base Menu Plan:** 4,874 MS 19-20 SNACK W4D1  
**Menu Comments:**

**Serving Line:** MAIN

**Age Group:** Grades 6-8  
**Feeding Figure:** 20

| Stock Number | Description                  | Serving Size | Measure      | Projected Quantity |              |              |
|--------------|------------------------------|--------------|--------------|--------------------|--------------|--------------|
| 1860         | GRANOLA BAR SMORE            | 1            | PKG (.84 OZ) | 20                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       | 19.0000      | g            |
| 7150         | PEANUT BUTTER IND PORTION    | 1            | PKG (1)      | 10                 |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 200.0000     | kcal         | Carbohydrate       | 7.0000       | g            |
| 2154         | MILK CHOC CARTON FF 8 OZ     | 1            | CARTON (1)   | 8                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 129.9999     | kcal         | Carbohydrate       | 23.0000      | g            |
| 1027         | MILK 1% WHITE LF CARTON 8 OZ | 1            | CARTON (1)   | 5                  |              |              |
|              | <b>Nutrient</b>              | <b>Value</b> | <b>Units</b> | <b>Nutrient</b>    | <b>Value</b> | <b>Units</b> |
|              | Food Energy                  | 100.0000     | kcal         | Carbohydrate       | 11.0000      | g            |

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|                 |                           |                    |            |                 |  |                    |   |
|-----------------|---------------------------|--------------------|------------|-----------------|--|--------------------|---|
| 2139            | MILK STRAW FF CARTON 8 OZ | 1                  | CARTON (1) | 8               |  |                    |   |
| <b>Nutrient</b> |                           | <b>Value Units</b> |            | <b>Nutrient</b> |  | <b>Value Units</b> |   |
| Food Energy     |                           | 120.0001           | kcal       | Carbohydrate    |  | 22.0001            | g |

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades 6-8  
**Date:** 2/25/2020 **Feeding Figure:** 20  
**Base Menu Plan:** 4,875 MS 19-20 SNACK W4D2  
**Menu Comments:**

| Stock Number    | Description                  | Serving Size       | Measure    | Projected Quantity |  |                    |   |
|-----------------|------------------------------|--------------------|------------|--------------------|--|--------------------|---|
| 1922            | SUNFLOWER SEED KERN          | 1                  | PKG (1)    | 20                 |  |                    |   |
| <b>Nutrient</b> |                              | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                              | 170.0000           | kcal       | Carbohydrate       |  | 6.0000             | g |
| 7150            | PEANUT BUTTER IND PORTION    | 1                  | PKG (1)    | 10                 |  |                    |   |
| <b>Nutrient</b> |                              | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                              | 200.0000           | kcal       | Carbohydrate       |  | 7.0000             | g |
| 2154            | MILK CHOC CARTON FF 8 OZ     | 1                  | CARTON (1) | 8                  |  |                    |   |
| <b>Nutrient</b> |                              | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                              | 129.9999           | kcal       | Carbohydrate       |  | 23.0000            | g |
| 1027            | MILK 1% WHITE LF CARTON 8 OZ | 1                  | CARTON (1) | 3                  |  |                    |   |
| <b>Nutrient</b> |                              | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                              | 100.0000           | kcal       | Carbohydrate       |  | 11.0000            | g |
| 2139            | MILK STRAW FF CARTON 8 OZ    | 1                  | CARTON (1) | 9                  |  |                    |   |
| <b>Nutrient</b> |                              | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                              | 120.0001           | kcal       | Carbohydrate       |  | 22.0001            | g |

**Serving Period:** Snack **Serving Line:** MAIN **Age Group:** Grades 6-8  
**Date:** 2/26/2020 **Feeding Figure:** 20  
**Base Menu Plan:** 4,876 MS 19-20 SNACK W4D3  
**Menu Comments:**

| Stock Number    | Description              | Serving Size       | Measure    | Projected Quantity |  |                    |   |
|-----------------|--------------------------|--------------------|------------|--------------------|--|--------------------|---|
| A1223           | CARROTS BABY 20LBS       | 1                  | 3/4 CUP    | 20                 |  |                    |   |
| <b>Nutrient</b> |                          | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                          | 35.0206            | kcal       | Carbohydrate       |  | 8.0047             | g |
| 1130            | RANCH DIPPING FF         | 1                  | PACKET     | 20                 |  |                    |   |
| <b>Nutrient</b> |                          | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                          | 25.0000            | kcal       | Carbohydrate       |  | 6.0000             | g |
| 2154            | MILK CHOC CARTON FF 8 OZ | 1                  | CARTON (1) | 8                  |  |                    |   |
| <b>Nutrient</b> |                          | <b>Value Units</b> |            | <b>Nutrient</b>    |  | <b>Value Units</b> |   |
| Food Energy     |                          | 129.9999           | kcal       | Carbohydrate       |  | 23.0000            | g |

Trans Fat is displayed for informational purposes only, not for monitoring.  
 \* Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.





Independence Central Office

Scheduled Menu Plans

| Item ID  | Item Description             | Quantity | Unit       | Count |             |          |      |   |  |          |       |       |              |         |   |  |
|--|------------------------------|----------|------------|-------|-------------|----------|------|---|--|----------|-------|-------|--------------|---------|---|--|
| 1027   | MILK 1% WHITE LF CARTON 8 OZ | 1        | CARTON (1) | 5     |             |          |      |   |  |          |       |       |              |         |   |  |
| <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>100.0000</td> <td>kcal</td> </tr> </tbody> </table> |                              | Nutrient | Value      | Units | Food Energy | 100.0000 | kcal | <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>11.0000</td> <td>g</td> </tr> </tbody> </table> |  | Nutrient | Value | Units | Carbohydrate | 11.0000 | g |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Food Energy  | 100.0000                     | kcal     |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Carbohydrate   | 11.0000                      | g        |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| 2154   | MILK CHOC CARTON FF 8 OZ     | 1        | CARTON (1) | 5     |             |          |      |   |  |          |       |       |              |         |   |  |
| <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>129.9999</td> <td>kcal</td> </tr> </tbody> </table> |                              | Nutrient | Value      | Units | Food Energy | 129.9999 | kcal | <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>23.0000</td> <td>g</td> </tr> </tbody> </table> |  | Nutrient | Value | Units | Carbohydrate | 23.0000 | g |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Food Energy  | 129.9999                     | kcal     |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Carbohydrate   | 23.0000                      | g        |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| 2139   | MILK STRAW FF CARTON 8 OZ    | 1        | CARTON (1) | 10    |             |          |      |   |  |          |       |       |              |         |   |  |
| <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Food Energy</td> <td>120.0001</td> <td>kcal</td> </tr> </tbody> </table> |                              | Nutrient | Value      | Units | Food Energy | 120.0001 | kcal | <table border="1"> <thead> <tr> <th>Nutrient</th> <th>Value</th> <th>Units</th> </tr> </thead> <tbody> <tr> <td>Carbohydrate</td> <td>22.0001</td> <td>g</td> </tr> </tbody> </table> |  | Nutrient | Value | Units | Carbohydrate | 22.0001 | g |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Food Energy  | 120.0001                     | kcal     |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Nutrient   | Value                        | Units    |            |       |             |          |      |   |  |          |       |       |              |         |   |  |
| Carbohydrate   | 22.0001                      | g        |            |       |             |          |      |   |  |          |       |       |              |         |   |  |

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